



## **Dr. Karen Caroline Goss (Denmark)**

G.P with additional competence in Manual Medicine

**Invited Speaker – Sunday 25. September from 11.00-12.30**

### **BIO**

Dr. Karen Goss specialized as a GP in 2005 and works with 4 other GP's in a partnership owned clinic just south of Aarhus in Denmark. In 2008 she started her education in Manuel Medicine with Dansk Selskab for Muskuloskeletal Medicin (DSMM). Karen received Diploma in Musculoskeletal Medicine in 2012 and started teaching in 2013. She was a part of the DSMM Executive Board from 2009 – 2019, and again from 2022 as elected President. Karen joined the work of European Scientific Society of Manual Medicine (ESSOMM) in 2013, and after some years as part of the advisory board, and from 2021 as a member of the executive board. Karen joined the International Federation for Manual/Musculoskeletal Medicine (FIMM) in 2015, and has since been a part of the education board and the advisory board.

[www.DSMM.org](http://www.DSMM.org)

[www.ESSOMM.eu](http://www.ESSOMM.eu)

[www.Fimm-online.com](http://www.Fimm-online.com)

## Presentation title

Manual Medicine in the daily work of a Danish General practitioner. And some thoughts about the future of manual medicine seen from the perspective of a Danish GP

## Abstract

With my background and additional education, I try to help my patients that have pain related to dysfunction of the musculoskeletal system. A great deal of contacts to GP is related to musculoskeletal problems and having the full perspective as the persons GP is very helpful. Being able to help them with a pain problem relatively fast, helps greatly with the Dr-patient relationship and can be an opening to many other ways of helping. Our big challenge is that we only have 15 min., so in our society DSMM we have tried to teach "the Danish way" primarily designed by our former teacher and mentor to most of us, Torben Halberg. We try to use a minimum of tests to give a maximum of information and treat along the way .. so treat as you test as soon as you find a dysfunction.

Manual Medicine is a gift to our patients and to the people who treat. I believe we need to work together and help each other develop the field of Manual Medicine to the benefit of the patients. We all have our different backgrounds and educations, but our goal is the same. Medical Dr. Chiropractor, Osteopath, Physiotherapist .. we all would like to treat the pain and dysfunction with something else than painkillers and muscle relaxants. I feel we should do better, have more respect for each other and learn from each other.