



Ms. Hanna Tómasdóttir (Denmark)

Osteopath, Physiotherapist and Master in Positive Psychology
President, Danske Osteopater
President, European Federation & Forum for Osteopathy (EFFO)

Round Table Discussion – Sunday 25. September from 9.30-10.30

BIO

Hanna thrives on building recognition and achieving regulation for the osteopathic profession. Osteopaths gained full regulation as a primary healthcare profession in Denmark in a remarkable two years under her leadership, in 2018. In Denmark she has focused on supporting the implementation of osteopathic regulation, and the profession itself as authorised healthcare professionals, in co-operation with the Danish national health authorities. She has also engaged with a variety of multiprofessional projects with other regulated healthcare professions, such as the *'National Clinical Guidelines for Non-Pharmacological Treatment of Headache'*. On the broader international scene, Hanna was elected to the Board of the EFFO, which represents over 20 countries in Europe in 2018, and became EFFO President in 2020. Hanna has gone on to join the Board of the global osteopathic body, the International Osteopathic Alliance (OIA) in 2021 and was one of the founding members of The Nordic Osteopathic Association (NOA). She has flourishing osteopathic clinics in Copenhagen, and also works as a health columnist for SØNDAG, a weekly Danish women's magazine.